

iTP3 Sexual Health Equity for Individuals with I/DD (SHEIDD) Project

Project Vision

To promote comprehensive sexuality education and support for young people (ages 14-21) who experience intellectual/developmental disabilities (I/DD) by working together to build the skills of parents/guardians, caregivers, support workers, teachers, health care providers and others to provide sexual health education and support to the young people in their lives.

Year 2 Project Goals

- 1. Share what we've learned about the sexual health goals and needs of young people with I/DD in Multnomah County.** In the project's first year, we talked to young people who experience I/DD about what support they want and need around relationships, sexuality education and sexual health services. We talked to parents/guardians, caregivers, support workers, teachers, health care providers about what tools and training they need to provide this support.
- 2. Use what we've learned to help Multnomah County support the sexual health of young people with I/DD.** We're using what we learned from talking with people to help us choose and create training tools that will equip parents/guardians, caregivers, support workers, teachers, health care providers, organizations and others to support the holistic sexual health of the young people in their lives.
- 3. Create an information hub for support networks with curricula, policy examples and training materials.** We're putting together resources that individuals and organizations can use to build their capacity to support the relationship, sexual and reproductive rights of young people, including sexuality education curricula, examples of organizational policies and training opportunities and tools.

Issue

Young people with I/DD can experience higher rates of unintended pregnancy, sexually transmitted infections and sexual assault. They can have unique sexual health support needs, but limited access to comprehensive sexuality education and sexual health support services.

Year 2 Desired Outcome

Support Network Toolbox: a set of tools that help members of support networks build skills to support the sexual health of the young people in their lives.

Stakeholders

- Young People Experiencing I/DD
- Parents/Guardians and Families
- County Developmental Disability Services
- Brokerage Support Services
- Support Service Providers
- Group/Foster Homes
- School Districts and Teachers
- Healthcare providers
- Research Institutions
- Transition Technical Assistance Network
- Advocacy and Community-Based Organizations

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Youth Sexual Health Equity Program

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